



October 2018

## **Commitment to Character**

Cooperation: Getting along with others and working together.

## **National Hispanic Heritage Month:**

# HÏSPÅNÏC HERÏTÅGE MONTH

September 15-October 15. Mes de la Herencia Hispana



Hispanic Heritage Month theme: "Hispanics: One Endless Voice to Enhance our Traditions." The theme invites us to reflect on Hispanic American's tradition, history and culture.

## What's the difference between Hispanic, Latino, and Spanish?

Hispanic, Latino and Spanish are often used interchangeably in describing race. But what's the right terminology?

https://www.youtube.com/watch?v=gs2tdjzla8Y
The above link is great for secondary students.

Excellent resources for classroom articles, ideas and resources below:

https://www.hispanicheritagemonth.org/

http://www.nea.org/tools/lessons/hispanic-heritage-month.html

https://home1.nps.gov/hispanicheritage/teachers.html

## **Three Words A Day**

Oct. 1	Think for yourself.
Oct. 2	Accept new ideas.
Oct. 3	Learning is essential.
Oct. 4	Good friends understand.
Oct. 5	Enjoy your age.
Oct. 6	Problems create opportunity.
Oct. 7	Write about feelings.
Oct. 8	Be open minded.
Oct. 9	Little things count.
Oct. 10	Don't fool yourself.
Oct. 11	Let others talk.
Oct. 12	Fear limits activities.
Oct. 13	Practice makes perfect.
Oct. 14	Answer telephones politely.
Oct. 15	Love helps people.
Oct. 16	Beginnings are hard.
Oct. 17	Improving is possible.
Oct. 18	Don't blame others.
Oct. 19	Congratulate someone today.
Oct. 20	Patience takes practice.
Oct. 21	Always talk clearly.
Oct. 22	Respect your body.
Oct. 23	Enjoy many things.
Oct. 24	Everyone has feelings.
Oct. 25	Set high standards.
Oct. 26	Laughter feels good.
Oct. 27	Help erases sadness.
Oct. 28	Cheating cheats you.
Oct. 29	Wish upon stars.
Oct. 30	Share your candy.
Oct. 31	Winning isn't everything.

# Bullying Prevention Month: "Create a World Without Bullying"

StopBullying.gov provides information from various government agencies on what bullying is, what cyberbullying is, who is at risk, and how you can prevent and respond to bullying. http://www.stopbullying.gov/

Pacers National Bullying Prevention Center provides resources and activities to help raise awareness. http://www.pacer.org/bullying/nbpm/

### **Dinner Dilemmas**

Purpose: To create family discussions that promotes Character Education in Pinellas County.

Dinner Dilemmas are designed to go home once a month with the students. Schools that send home a weekly newsletter could print one dilemma each week in its publication. During the week families are asked to discuss the dilemma. It is hoped that families will talk about the dilemma and decide how the character quality of the month relates to the situation presented. It is further hoped that families will discuss the dilemma of the week and decide how the character quality of the month applies to each family member.

#### Week 1

Situation: One evening Sam's dad says he will take the family out for ice cream after the kids clean-up the kitchen. The ice cream shop closes in 20 minutes. Sam's brother was not helping.

Dilemma: On one hand, Sam knew he could do both jobs. On the other hand, Sam felt his brother should cooperate to help get the task completed as quickly as possible.

Discussion: What advice do you have for Sam?

#### Week 2

Situation: Sue and Sam arrived at the kickball field at the same time. Both volunteer to be the pitcher.

Dilemma: On one hand, they knew only one of them could be the pitcher.

On the other hand neither one wanted to play another position. Discussion: How could they cooperate to solve this situation?

#### Week 3

Situation: Sam and his best friend are writing a play to be performed by their club. They disagreed as to the ending of the story.

Dilemma: On one hand, Sam thinks his ending is better than his friend's is.

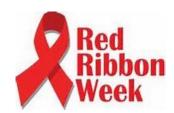
On the other hand, Sam wants to cooperate with his friend.

Discussion: What advice do you have for Sam and his friend?

#### Week 4

Situation: Working in a cooperative group, each person had a specific job to do. One member of the group was not contributing to the group's goal. Dilemma: On one hand, they could attempt to solve the situation within the group. On the other hand, they could report to the teacher, that one person was not cooperating.

Discussion: What advice do you have for the group?



### 2018 RED RIBBON THEME: LIFE IS YOUR JOURNEY, TRAVEL DRUG FREE. ™

Check out new Red Ribbon Week curriculum ideas for all grade levels at:

www.redribbon.org/curriculum.



# QUOTE OF THE WEEK:

**Quotes: Starting the week of October 3** 

Week 1 - "There is no letter "I" in the word teamwork." Bill Foster, College Basketball Coach

Week 2 – "When spider webs unite, they can tie up a lion." Ethiopian proverb

Week 3—"Each life is like a letter of the alphabet. Alone it can be meaningless. Or it can be part of a great meaning." Unknown

Week 4– "A small group of committed people can make a difference and change the world." Erma Bombeck

### Books to read aloud on cooperation:

"Pumpkin Soup" by Helen Cooper

"Cookies: Bite-Sized Life Lessons" by Amy Krouse Rosenthal "The Three Little Wolves and the Big Bad Pig" by Eugene

Trivizas

Bus Safety: 2018: My Driver - My Safety Hero! https://www.napt.org/nsbsw

School Lunches: "School Lunch: Lots 2 Love," https://schoolnutrition.org/Meetings/Events/NSLW/2018/

Mix it Up: <a href="https://www.tolerance.org/mix-it-up">https://www.tolerance.org/mix-it-up</a>